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EMERGING TRENDS IN GLOBAL RICE SYSTEMS: INTEGRATING GENOMIC INNOVATIONS FOR SUSTAINABLE PRODUCTION

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ABSTRACT

Rice (*Oryza sativa* L.) is one of the most important staple crops globally, serving as the primary source of nourishment for nearly half of the world's population and playing a crucial role in food security, particularly in Asia, which accounts for approximately 90% of global production. Despite advancements in breeding, irrigation, and agricultural technologies, a significant gap persists between potential and actual yields, especially in developing regions where productivity is constrained by poor soil fertility, limited input availability, and socio-economic limitations. Climate change further intensifies these challenges through increased variability in rainfall, frequency of droughts and floods, and rising temperature stress, all of which threaten yield stability and resource availability. This review synthesizes existing research on agronomic practices, environmental constraints, technological advancements, and socio-economic factors affecting rice productivity. It highlights the role of genome editing technologies, particularly CRISPR-based approaches, in enabling precise and targeted development of climate-resilient and high-yielding rice varieties. Emphasis is given to thermotolerance and abiotic stress responses, which significantly affect plant growth, grain quality, and overall productivity. The importance of trait stacking for combining multiple stress resistance traits with desirable grain quality attributes is also discussed. The review further examines the integration of artificial intelligence and machine learning in breeding programs to enhance selection accuracy and accelerate varietal development. In addition, sustainable agronomic practices such as Alternate Wetting and Drying (AWD) and Direct Seeded Rice (DSR) are considered for improving water-use efficiency, reducing labor requirements, and minimizing environmental impacts. Integrated farming systems, including rice–fish and rice–duck models, are also discussed for their role in enhancing resource-use efficiency, nutrient recycling, and farm sustainability.

Keywords: Yield gap; climate change; genome editing; CRISPR/Cas9; thermotolerance; artificial intelligence; sustainable rice production.

Introduction

Rice (*Oryza sativa* L.) remains one of the most important staple crops globally (Muthayya *et al.*, 2014) earning it the designation of a “global grain.” It provides the primary source of nourishment for nearly half of the world's population and plays a crucial role in global nutrition and food security, especially across Asia. Globally, rice is cultivated on approximately 165

million hectares, with an annual production of about 508.9 million tonnes. (Indiastat 2022-2023). Approximately 90% of global rice production and consumption is concentrated in Asia (Singh *et al.*, 2015). India ranks second after China, with a production of about 129.47 million metric tonnes (Indiastat, 2022–23). Beyond its role in food supply, rice cultivation contributes significantly to rural

livelihoods by generating income, strengthening agricultural systems, and supporting national economies (Neglo *et al.*, 2021). As population growth continues and reliance on rice-based diets persists in several regions (Bandumula, 2018). Therefore, understanding the factors influencing rice productivity is essential for ensuring long-term food security and socio-economic stability (Verma *et al.*, 2021). Over recent decades, global demand for rice has steadily increased, driven by population expansion, urbanization, and rising living standards, particularly in developing countries (Samal *et al.*, 2022; Sokra *et al.*, 2024). Despite advancements in breeding, irrigation, and agricultural technologies, a significant gap persists between potential and actual yields (Anderson *et al.*, 2016). This yield gap is especially pronounced in developing regions, where smallholder farmers face multiple challenges, including agronomic limitations, environmental stress, and socio-economic constraints (John & Fielding, 2024; Somaly & Sokra, 2024). In many areas, productivity remains below attainable levels due to poor soil fertility, limited access to fertilizers, and constraints in input availability (Fahad *et al.*, 2019; Papademetriou *et al.*, 2000; Prasad *et al.*, 2017). With the global population expected to be 10 billion, enhancing productivity and improving resource-use efficiency have become increasingly important. (Mohd-Hanafiah *et al.*, 2020). Climate change further exacerbates these challenges, introducing variability in rainfall patterns, increasing the frequency of droughts and floods, and intensifying heat stress and salinity intrusion in coastal regions (Kumar *et al.*, 2022; Gopalakrishnan *et al.*, 2019). These factors threaten yield stability and increase the vulnerability of farming communities (Altieri *et al.*, 2015; Somaly *et al.*, 2025). At the same time, the availability of arable land and freshwater resources is declining, while competition for water among agricultural, industrial, and domestic sectors continues to intensify (Tahir *et al.*, 2024). Additional pressures such as soil degradation, pest outbreaks, and shifting disease dynamics further complicate rice production systems (Altieri *et al.*, 2024). These constraints highlight the urgent need for climate-resilient production systems, adaptive management strategies, and technological innovations (Shukla *et al.*, 2025). Given these multifaceted challenges, there is a growing need for an integrated synthesis of existing research (Chang *et al.*, 2025). Although numerous studies have examined agronomic practices, technological advancements, socio-economic factors, and environmental constraints, the available evidence remains fragmented (Lemarié & Marette, 2022; Rizzo *et al.*, 2024). A systematic review approach enables the

consolidation of this information, facilitating the identification of key trends and research gaps (Medeiros *et al.*, 2021). Such insights are essential for informing policy decisions and guiding future research toward sustainable and resilient rice production systems (Gava *et al.*, 2020). Advance genomic technologies have transformed rice improvement, strategies and enabling precise targeted development of climate resilient and high yield rice varieties. These challenges collectively highlight the need for integrating advanced genomic tools with sustainable management practices to ensure resilient and efficient rice production systems. These challenges collectively underscore the need to integrate advanced genomic tools with sustainable management practices to achieve resilient and efficient rice production systems. Although extensive research exists across disciplines, the available evidence remains fragmented, highlighting the need for comprehensive review.

Constraints Affecting Rice Productivity

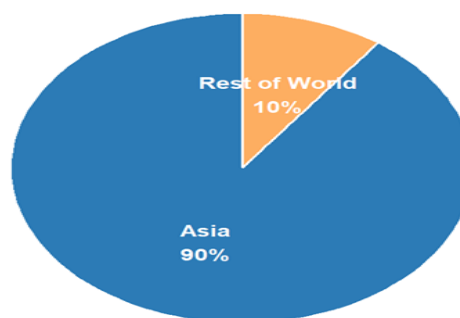
Visualizing the impact intensity across key categories



Fig. 1 : Relative Impact of Environmental and Systemic Constraints on Rice Productivity

Global Rice Production Share

Asia accounts for the majority of global output



Source: FAOSTAT

Fig. 2 : Relative share of total global rice output: Asia vs. Rest of World.

Genome Editing and CRISPR technology

The emergence of genome editing technologies has addressed several limitations associated with conventional breeding approaches, marking a new

phase in crop improvement. Genome editing employs engineered site-specific nucleases (SSNs) to introduce precise modifications at targeted genomic loci (Mishra *et al.*, 2018). Among these, the CRISPR-Cas9 system is recognized as one of the most advanced and widely utilized tools in plant biology (Belhaj *et al.*, 2015; Weeks *et al.*, 2016). Rice serves as an important model system for functional genomics due to its relatively small genome, extensive genetic resources, high transformation efficiency, and genomic synteny with other cereal crops. Consequently, it has been extensively used to evaluate genome editing technologies and to elucidate gene functions for crop improvement (Li *et al.*, 2012; Feng *et al.*, 2013; Xu *et al.*, 2014, 2016; Wang *et al.*, 2016). Traditional breeding methods are often labor-intensive and time-consuming, limiting the speed of varietal development. In contrast, modern genome editing technologies enable precise and targeted genetic modifications, facilitating the rapid development of improved crop varieties with enhanced traits such as disease resistance, abiotic stress tolerance, and increased productivity (Nerkar *et al.*, 2018; Altpeter *et al.*, 2016). The CRISPR-Cas system, in particular, functions as a precision breeding tool by enabling site-specific genome modifications without the integration of foreign DNA (non-transgenic), thereby offering a highly efficient and versatile approach for crop improvement (Jinek *et al.*, 2012; Zhang *et al.*, 2016; Bandyopadhyay *et al.*, 2020; Ma *et al.*, 2020). Thus, genome editing technologies, particularly CRISPR-based approaches, provide a strong foundation for developing climate-resilient rice varieties, which can be further enhanced by targeting specific stress-responsive traits. In this context, the application of genome editing technologies has been increasingly directed toward improving tolerance to major abiotic stresses, particularly high temperature, drought, and salinity, which critically affect rice productivity under changing climatic conditions.

biochemical recognition of a targeted genomic locus. The engineered Cas9 effector complex is guided by a single-guide RNA (sgRNA) to a specific DNA sequence adjacent to a Protospacer Adjacent Motif (PAM). The diagram highlights the "Seed Region" of the sgRNA, where base-pairing stability is critical for inducing a precise double-strand break (DSB), indicated by the cleavage symbol. This mechanism facilitates targeted, non-transgenic allelic modifications, offering a rapid and versatile foundation for enhancing rice resilience against climate-induced abiotic and biotic stressors.

Thermotolerance and Stress Traits

Among abiotic factors, high temperature is considered one of the most critical stresses with a significant impact on crop yield (IPCC, 2014). In tropical and subtropical regions, rice productivity is particularly affected by elevated temperatures (Shah *et al.*, 2011), which can lead to grain sterility and substantial yield reduction (Prasad *et al.*, 2006; Beena *et al.*, 2018). Thermotolerance can be induced through gradual exposure to increasing temperatures, allowing plants to acclimate to lethal conditions similar to natural environments (Larkindale *et al.*, 2005). This acclimation involves mechanisms that help avoid heat damage and repair heat-sensitive cellular components (Kheir *et al.*, 2012). High temperature stress adversely affects plant growth and development, resulting in reduced seed quality, poor germination, low seedling vigor, decreased tiller and panicle number, impaired pollination and fertilization, reduced spikelet fertility, and lower pollen viability (Shrestha *et al.*, 2022). It also disrupts key physiological processes, including membrane stability, photosynthesis, carbohydrate metabolism, and phytohormone balance (Xu *et al.*, 2021). During the grain-filling stage, heat stress reduces grain weight and increases chalkiness, thereby affecting grain quality (Chandran *et al.*, 2022). Germination, being a critical stage of the plant life cycle, is highly sensitive to temperature, highlighting the importance of understanding gene expression changes under high-temperature conditions. Rising global temperatures pose a serious challenge to agriculture, with projections indicating an increase of 2–6 °C by the end of the century (Peck and Teisberg, 1992). High temperature stress causes severe damage to rice crops, particularly during key growth stages such as germination, seedling establishment, and the reproductive phase (Jagadish *et al.*, 2010; Sailaja *et al.*, 2014a; Shi *et al.*, 2015). Genome editing tools such as CRISPR/Cas9 enable rapid and precise improvement of stress tolerance compared to conventional breeding methods (Ahmad, 2023). CRISPR is recognized as an efficient and versatile system for editing plant genomes (Song *et al.*, 2016; Zhang *et al.*, 2021) and has been successfully applied to enhance yield, quality, nutritional value, and tolerance to both biotic and

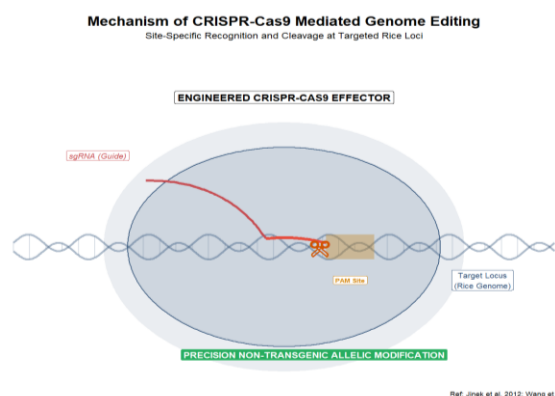
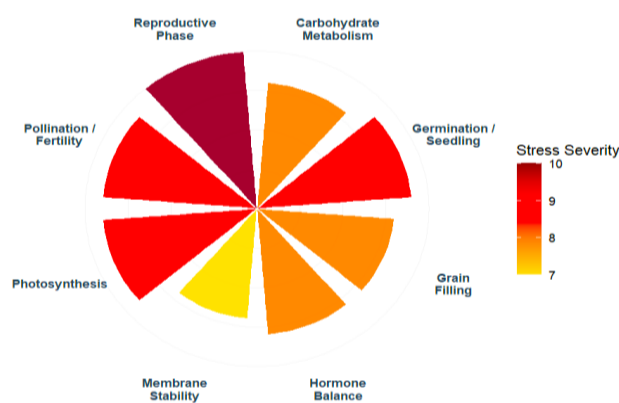


Fig. 3: Structural Model of CRISPR-Cas9 Mediated Genome Editing in Rice. Schematic representation illustrating the

abiotic stresses in rice (Romero and Gatica-Arias, 2019; Tabassum *et al.*, 2021). In addition to heat stress, efforts are also directed toward improving tolerance to drought and salinity, which are increasingly prevalent under changing climatic conditions. Therefore, improving thermotolerance and stress resilience through advanced breeding and genome editing approaches is essential for sustaining rice productivity under changing climatic conditions. Given the multifaceted impact of abiotic stresses on both yield and grain quality, breeding strategies are increasingly focused on combining multiple stress tolerance traits with desirable quality attributes through trait stacking approaches.

Thermal Stress Vulnerability Profile in Rice

Gradient Mapping of Physiological and Developmental Heat Sensitivity



Thermotolerance Analysis | Citations: IPCC (2014); Shah *et al.* (2011); Jagadish *et al.* (2010)

Fig. 4 : Thermal stress vulnerability map across the rice ontogeny. The radial gradient illustrates the differential sensitivity of specific growth stages and physiological processes to rising global temperatures. The heatmap scale (Yellow to Red) denotes the severity of impact, identifying the reproductive phase and photosynthesis as the most thermally sensitive parameters, contributing significantly to grain sterility and yield instability in tropical rice production environments.

Trait Stacking and Grain Quality

The emergence of new diseases, pest biotypes, and changing climatic conditions has intensified the need for sustainable crop development with enhanced resistance to both biotic and abiotic stresses (Hasan *et al.*, 2015). This has led to the adoption of gene stacking strategies, where multiple resistance genes are combined into high-yielding cultivars to achieve broad-spectrum and durable protection. Such gene pyramiding enables crops to withstand multiple stresses simultaneously while maintaining productivity under unfavorable environmental conditions. Advances in molecular biology and DNA-based markers have facilitated the efficient transfer and tracking of resistance genes against major biotic stresses such as bacterial blight, blast, and gall midge, as well as abiotic

stresses including submergence and salinity. Marker-assisted approaches enable precise identification of plants carrying multiple desirable genes, thereby accelerating the development of improved cultivars (Das *et al.*, 2015). Abiotic stresses such as heat, drought, submergence, and nutrient deficiencies create suboptimal conditions that adversely affect germination, seedling establishment, vegetative growth, flowering, grain filling, and overall productivity (Jeyasri *et al.*, 2021; Banerjee and Roychoudhury, 2020; Beena *et al.*, 2021a). These stresses significantly impair crop growth, grain quality, and yield in rice (Pravallika *et al.*, 2020; Pathak *et al.*, 2021). Moreover, certain abiotic conditions can favor the occurrence of biotic stresses, further aggravating yield and quality losses (Narsai and Whelan, 2013). Rice grain quality is determined by attributes such as grain appearance, mineral composition, amylose and amylopectin content, aroma, and cooking properties (Chakraborti *et al.*, 2021). Abiotic stresses, particularly during the grain-filling stage, negatively affect milling quality, increase grain chalkiness, and alter starch composition (Lanning and Siebenmorgen, 2013). Among these, high temperature has the most pronounced effect on grain quality, reducing both physical and sensory characteristics of milled rice (Liu *et al.*, 2021). Although several studies have explored rice grain biochemistry, limited research has focused on the combined effects of multiple abiotic stresses on grain quality (Liu *et al.*, 2013; Kadam *et al.*, 2014). Hence, integrating multiple stress resistance traits with grain quality improvement remains a critical strategy for developing high-performing and resilient rice cultivars. To effectively integrate multiple stress resistance traits with grain quality attributes, advanced computational approaches such as artificial intelligence and machine learning are increasingly being utilized to enhance selection accuracy and accelerate breeding programs.

AI-Assisted Breeding

Plant breeding has evolved progressively from Breeding 1.0 to Breeding 4.0. According to Wallace *et al.* (2018), Breeding 1.0 was characterized by farmer-led selection, Breeding 2.0 by the application of statistical methods and experimental design, and Breeding 3.0 by the integration of genetic and genomic information. Breeding 4.0, driven by advances in genetics and information technologies, is now shaped by artificial intelligence (AI), multi-omics data, and genome editing tools (Wallace *et al.*, 2018). Artificial intelligence, defined as the simulation of human intelligence processes such as learning, reasoning, prediction, and self-correction, is emerging as a key

component of modern breeding programs (Farooq *et al.*, 2024). It supports environmentally sustainable crop improvement by enhancing productivity and contributing to global food security. The adoption of high-throughput multi-omics approaches has enabled the generation of large-scale datasets encompassing phenotypic, biochemical, physiological, and genomic information. These datasets provide valuable insights for targeted crop improvement. The complexity and scale of such data necessitate the use of advanced computational tools, bioinformatics methods, and machine learning (ML) techniques for efficient analysis and interpretation. These approaches facilitate precise phenotyping and genomic prediction, enabling the accurate selection of superior genotypes. The integration of AI with genomic and phenomic data thus offers powerful opportunities to accelerate varietal development and enhance breeding efficiency, particularly under the challenges posed by climate change. Consequently, AI-driven breeding approaches are expected to play a critical role in advancing precision breeding and the development of next-generation rice varieties (Sadhan *et al.*, 2025). While advancements in AI-driven breeding enhance genetic improvement, achieving sustainable increases in rice productivity also requires the adoption of resource-efficient agronomic practices under field conditions.

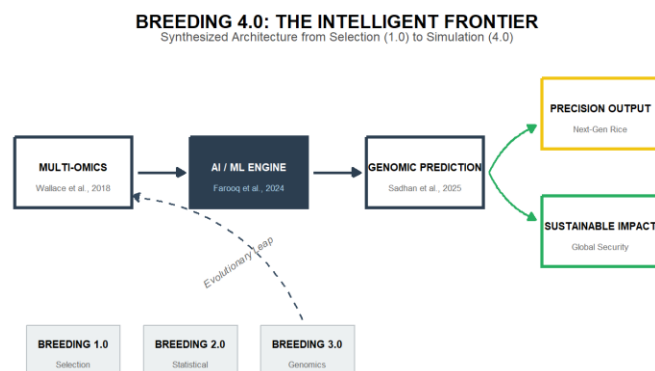


Fig. 5 : The Intelligent Frontier of Breeding 4.0 The evolutionary trajectory of plant breeding, showing the transition from traditional farmer-led selection (Breeding 1.0) to an AI-integrated precision pipeline (Breeding 4.0). The framework emphasizes the role of the AI/ML engine in synthesizing multi-omics inputs into genomic predictions, ultimately resulting in next-generation rice varieties with enhanced climate resilience and global food security impact (adapted from Wallace *et al.*, 2018).

Sustainable Intensification in Rice Systems

Alternate Wetting and Drying (AWD)

Although rice plays a crucial role in global food security, its conventional cultivation under continuously flooded conditions requires substantially higher water inputs compared to other cereal crops (Pimentel *et al.*, 2004). With water scarcity currently

affecting nearly 4 billion people worldwide (Mekonnen and Hoekstra, 2016), there is an urgent need to adopt agronomic practices that can reduce water consumption while sustaining or enhancing crop productivity. One such approach is Alternate Wetting and Drying (AWD), an irrigation management practice designed to optimize water use in rice systems (Linguist *et al.*, 2014; Lampayan *et al.*, 2015). A low wage rate and as assured supply of adequate water are conditions favorable for transplanting. Incentives for direct seeding increase when water availability is low (or uncertain) and wage rates are high (Pandey & Velasco 2005). In AWD, fields are not kept continuously flooded; instead, irrigation is applied intermittently, allowing the soil to dry to a certain threshold before re-irrigation. This cyclic transition between saturated and unsaturated soil conditions enables more efficient water management. Studies have shown that AWD can reduce water input by approximately 23% compared to traditional continuously flooded systems (Bouman and Tuong, 2001). In addition to water savings, AWD contributes to the mitigation of greenhouse gas emissions, particularly methane (CH_4) (Wassmann *et al.*, 2010; Li *et al.*, 2006). AWD can lower the global warming potential (combined CH_4 and N_2O emissions) by 45–90% relative to continuously flooded rice cultivation (Linguist *et al.* 2014). Given that global anthropogenic greenhouse gas emissions are estimated at approximately 48 Gt CO_2 equivalent per year (Montzka *et al.*, 2011), the adoption of AWD represents a significant strategy for improving the environmental sustainability of rice production systems. Building such water-efficient practices, other innovations such as Direct Seeded Rice (DSR) further contribute to reducing labor, water use, and environmental impacts in modern rice cultivation systems.

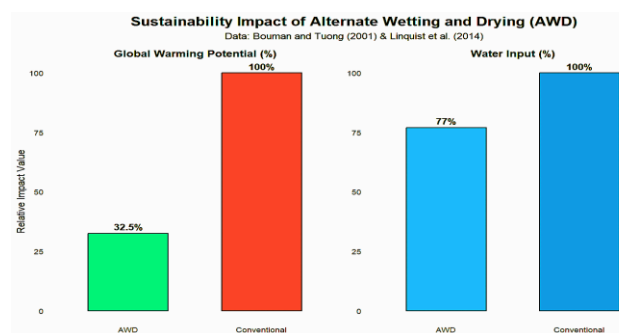


Fig. 6 : Relative impact of Alternate Wetting and Drying (AWD) compared to conventional flooded systems on global warming potential (%) and water input (%) in rice cultivation

Table 1 : Comparative assessment of Transplanted Rice (TPR) and Alternate Wetting and Drying (AWD) systems

Parameter	TPR (Transplanted Rice)	AWD (Alternate Wetting & Drying)	Source
Water Use	High due to continuous flooding, puddling, evaporation, and percolation losses	Reduced water use compared to TPR through intermittent irrigation	Bouman & Tuong (2001)
Methane Emissions (CH ₄)	High under continuously flooded conditions	Reduced methane emissions due to periodic soil aeration	Linquist <i>et al.</i> (2014)
Yield Performance	Generally stable	Comparable to TPR	Lampayan <i>et al.</i> (2015)
Labour Requirement	High (nursery preparation, puddling, transplanting)	Moderate labour requirement	Pandey & Velasco (2005)
Cost of Cultivation	High due to water and labour inputs	Reduced input cost	Flinn & Mandac (1986)
Water Management	Continuous flooding	Alternate wetting and drying cycles	Linquist <i>et al.</i> (2014)
Environmental Impact	Higher greenhouse gas emissions	Lower environmental impact	Linquist <i>et al.</i> (2014)
Suitability	Suitable where water and labour are abundant	Suitable for water-saving and sustainable production systems	Pandey & Velasco (2005)

Direct Seeded Rice (DSR)

Direct-seeded rice is recognized as a resource-conserving technology with several advantages over the traditional transplanted puddled rice (TPR) system. It eliminates the need for nursery raising, puddling, and transplanting, thereby significantly reducing water use. This method can lower labour requirements by nearly 40% and save up to 60% of water by minimizing losses associated with nursery preparation, field operations, seepage, percolation, and evaporation (Singh *et al.*, 2018). Direct seeding has been a widely practiced method of rice establishment in developing countries since the 1950s (Pandey and Velasco, 2005). In contrast, the traditional transplanting system (TPR) involves puddling, which forms a hard pan below the plough layer and reduces soil permeability. This practice results in significant water losses through puddling, surface evaporation, and percolation. With the progressive depletion of both surface and groundwater resources, water availability has become a major constraint in rice production (Farooq *et al.*, 2009a). In addition to water limitations, TPR is highly labor-intensive, requiring substantial effort for nursery raising, seedling uprooting, puddling, and transplanting operations. The associated high labor demand and rising labor costs have significantly reduced profit margins (Pandey and Velasco, 1999). In recent years, many Southeast Asian countries have shifted from TPR to DSR systems (Pandey and Velasco, 2002). This transition has been largely driven by labor shortages and increasing wages, which often delay transplanting operations (Chan and Nor, 1993). While transplanting is favored under conditions of low labor cost and sufficient water availability, DSR is more suitable in

environments characterized by water scarcity and high labor costs (Pandey and Velasco, 2005). The adoption of DSR in lowland rice systems has the potential to substantially reduce production costs (Flinn and Mandac, 1986). However, the lack of varieties specifically developed for DSR remains a major limitation. Most existing varieties, originally bred for transplanting systems, are not well adapted to direct seeding conditions, particularly during early seedling establishment under oxygen-deficient environments. Consequently, farmers often compensate by increasing seeding rates by two to three times, which raises input costs. Therefore, the development of DSR-suitable varieties with improved germination and early growth under non-flooded conditions is essential. These challenges highlight the need for integrated weed and nutrient management strategies, which remain critical research priorities for optimizing DSR-based production system.

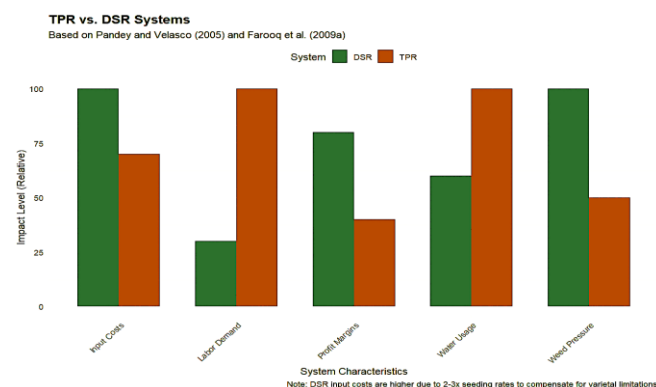
**Fig. 7** : Relative comparison of transplanted rice (TPR) and direct-seeded rice (DSR) systems in terms of input costs, labor demand, profit margins, water usage, and weed pressure.

Table 2 : Comparison of Transplanted Rice (TPR) and Direct-Seeded Rice (DSR) Systems

Parameter	Transplanted Rice (TPR)	Direct-Seeded Rice (DSR)	Source
Establishment Method	Nursery raising followed by transplanting	Direct seeding into field	Pandey & Velasco (2005)
Water Requirement	High (puddling, flooding losses)	Lower water requirement	Farooq <i>et al.</i> (2009a)
Soil Condition	Puddled soil with hard pan formation	Non-puddled soil	Farooq <i>et al.</i> (2009a)
Labour Requirement	Very high (nursery, uprooting, transplanting)	Low labour requirement	Pandey & Velasco (1999)
Cost of Cultivation	High due to labour and water	Reduced cost	Flinn & Mandac (1986)
Time Requirement	Time-consuming	Faster establishment	Pandey & Velasco (2002)
Adaptability	Suitable with sufficient water and labour	Suitable under water scarcity & labour shortage	Pandey & Velasco (2005)
Yield Stability	Generally stable	Variable depending on management	Farooq <i>et al.</i> (2009a)
Weed Pressure	Lower due to standing water	Higher weed infestation	Farooq <i>et al.</i> (2009a)
Varietal Suitability	Well-developed varieties available	Limited varieties for DSR	Pandey & Velasco (2005)
Seed Rate	Normal	Higher (2–3×)	Pandey & Velasco (2005)
Constraints	High labour, water use	Poor emergence, lack of varieties	Farooq <i>et al.</i> (2009a)

Regenerative and Integrated Farming Systems

Rice–fish integrated farming systems

Rice–fish co-culture represents one of the oldest forms of integrated farming, widely recognized for enhancing resource-use efficiency and sustainability in rice-based systems (Liu *et al.*, 2018). India, the second-largest global fish producer contributing nearly 8% of total output, produced approximately 19.8 million tonnes in 2024–2025, supporting around 30 million livelihoods (Economic Survey, 2025–2026). In rice–fish systems, compatible fish species such as common carp (*Cyprinus carpio*) and tilapia (*Oreochromis* spp.) are cultivated within paddy fields, enabling simultaneous production.

Despite the rapid growth of aquaculture, challenges such as high feed costs, environmental degradation, disease outbreaks, and greenhouse gas emissions have raised concerns regarding sustainability (Yuan *et al.*, 2019; Robb *et al.*, 2017). In this context, integrating fish culture within rice fields offers a viable alternative by optimizing land and water use while reducing external inputs. Such systems improve nutrient recycling, enhance farm productivity, and provide an additional income source for smallholder farmers. Beyond economic benefits, rice–fish systems contribute to ecological sustainability by reducing chemical inputs, improving biodiversity, and enhancing system resilience. Building on this concept of ecological integration, further diversification through the inclusion of livestock components has led to the development of more complex and efficient farming systems such as rice–duck integration (Priyanka *et al.*, 2022). Consequently, integrating fish

and rice cultivation on the same land to optimize water use provides a sustainable production strategy, and this integrated synergy can be further enhanced by incorporating livestock components such as ducks to develop more holistic farming systems.

Rice–duck integrated farming systems

Integrated duck-based farming systems are increasingly adopted worldwide due to their ecological and economic advantages. Common models include duck–rice, duck–fish, and duck–rice–fish systems. In rice–duck systems, ducks are introduced into paddy fields where they naturally control weeds and insect pests, reducing the need for chemical inputs. Their movement in the field enhances soil aeration and promotes better nutrient distribution, ultimately improving crop growth and yield. More complex systems such as duck–rice–fish and duck–rice–fish–azolla integrate multiple biological components to establish efficient nutrient cycling. In these systems, duck droppings serve as organic fertilizer, stimulating plankton growth that supports fish production, while nutrient-rich water benefits rice cultivation (Sapkota *et al.*, 2022). Such integrated approaches enhance productivity, reduce environmental impacts, and improve farm profitability. Thus, the integration of duck-based systems in rice cultivation enhances nutrient recycling, improves ecological balance, and supports more efficient and sustainable rice-based farming systems. An overview of integrated rice-based farming systems, including their components, benefits, and associated challenges, is presented in Table given below

Table 3 : Integrated rice-based farming systems and their components, benefits, and challenges

System	Components	Key Benefits	Limitations/Challenges	Source
Rice–Fish System	Rice + fish species (e.g., <i>Cyprinus carpio</i> , <i>Oreochromis</i> spp.)	Optimizes land and water use; provides additional income; improves nutrient recycling; enhances sustainability	High feed cost; shortage of nursery ponds; disease outbreaks; environmental issues such as eutrophication and biodiversity loss	Liu <i>et al.</i> (2018); Yuan <i>et al.</i> (2019); Robb <i>et al.</i> (2017)
Duck–Rice System	Rice + ducks	Natural weed and pest control; improved soil aeration; enhanced crop growth and yield	Requires management of ducks within fields	Sapkota <i>et al.</i> (2022)
Duck–Fish System	Ducks + fish	Duck waste acts as feed for fish; mutual nutrient exchange	System management complexity	Sapkota <i>et al.</i> (2022)
Duck–Rice–Fish System	Rice + ducks + fish	Improved nutrient cycling; reduced pollution; ecological balance; enhanced productivity	Requires integrated management practices	Sapkota <i>et al.</i> (2022)

Proposed Conceptual Framework for Sustainable Rice Production

The increasing complexity of unprecedented and persisting challenges associated with rice production, including climate change, resource limitations, and yield unpredictability, necessitates an integrated and holistic approach. Although substantial progress has been made in individual domains such as genomic improvement, agronomic management, and farming system diversification, these efforts often remain fragmented. Therefore, a unified conceptual framework is essential to synthesize these advancements and guide the development of sustainable rice production systems. The proposed framework integrates three interconnected levels: genetic improvement, crop management, and farming system integration. At the genetic level, advanced breeding approaches, including genome editing like CRISPR/cas9 and trait stacking, focus on developing climate-resilient and high-yielding rice varieties with enhanced tolerance to abiotic and biotic stresses. These innovations provide the foundational and fundamental capacity for improving productivity under changing environmental conditions. At the crop management level, resource-efficient agronomic practices such as alternate wetting and drying (AWD) and direct-seeded rice (DSR) contribute to optimizing water use, reducing labor requirements, and minimizing environmental impacts. These practices augment the performance of improved genotypes under field conditions and support sustainable intensification of rice production. At the system level, integrated farming approaches such as rice–fish and rice–duck systems promote ecological balance through improved nutrient cycling, reduced chemical inputs, and diversification of farm outputs. These systems enhance resilience, increase farm

profitability, and contribute to long-term sustainability. The interaction among these three levels creates a synergistic effect, where genetic advancements enhance crop adaptability to multi-environments, improved management practices optimize resource use, and integrated systems strengthen ecological sustainability. Together, these components form a comprehensive strategy for achieving resilient, productive, and environmentally sustainable rice production systems.

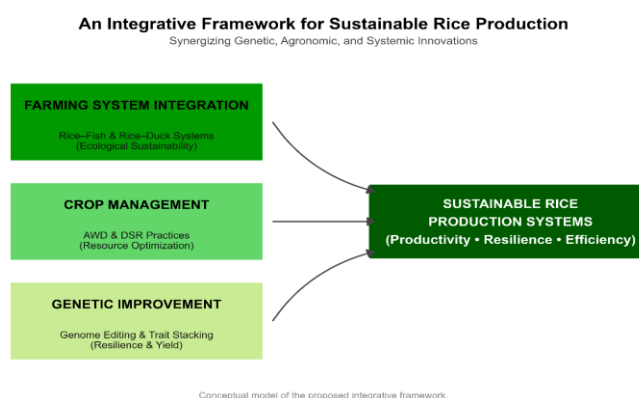


Fig. 8 : An Integrative Framework for Sustainable Rice Production: Synergizing Genetic, Agronomic, and Systemic Innovations

Conclusion

Rice continues to play a fundamental and important role in global food security, yet its productivity is increasingly challenged by a combination of climatic, environmental, and socio-economic constraints. The persistence of yield gaps, coupled with declining resource availability and increasing abiotic stresses such as heat, drought, and salinity, highlights the limitations of conventional production systems. These challenges are further

intensified by climate change, which affects crop growth, yield stability, and grain quality. Advancements in genome editing technologies, particularly CRISPR/Cas-based approaches, have provided new opportunities for precise and efficient crop improvement. The ability to target specific genes associated with stress tolerance and productivity offers a strong foundation for developing climate-resilient rice varieties. In parallel, trait stacking strategies enable the combination of multiple stress resistance traits with desirable grain quality attributes, addressing both productivity and quality concerns. The integration of artificial intelligence and machine learning with genomic and phenomics data has further upgraded the efficiency of breeding programs by improving selection accuracy and accelerating varietal development. At the same time, sustainable agronomic practices such as Alternate Wetting and Drying (AWD) and Direct Seeded Rice (DSR) contribute to improved resource-use efficiency by reducing water consumption, labor requirements, and environmental impacts. Additionally, integrated farming systems, including rice–fish and rice–duck models, enhance nutrient recycling, ecological balance, and farm sustainability. If you encompass all of them, the available evidence emphasizes that no single approach is sufficient to address the complex hurdles facing rice production. Instead, the integration of advanced genomic tools, data-driven breeding approaches, and sustainable management practices is essential for developing resilient and efficient rice production systems capable of meeting future food demands. is essential for sustaining productivity, ensuring food security, and supporting resilient agricultural systems under changing climatic conditions.

Future insights

In Future the research on rice improvement should focus on strengthening understanding and implementing the integration of genomic technologies, advanced breeding approaches, and sustainable production systems. Genome editing tools such as CRISPR/Cas systems offer significant potential for precise manipulation of genes associated with stress tolerance, yield, and grain quality; however, further work is required to identify and validate key genes governing complex traits, particularly under field conditions and multi-environment ($G \times E$ interactions). Greater emphasis is needed on developing rice varieties with enhanced tolerance to multiple abiotic stresses, including high temperature, drought, and salinity, as these stresses increasingly occur in combination under changing climatic conditions. In this context, trait stacking approaches will play a

critical role in combining multiple stress resistance traits with desirable quality characteristics to ensure both productivity and grain quality. The integration of artificial intelligence and machine learning with genomic and phenomics datasets is expected to further improve the efficiency and accuracy of breeding programs. Future efforts should focus on improving data integration, enhancing predictive models, and enabling their practical application in varietal development. In addition to genetic improvement, research should prioritize the refinement and large-scale adoption of resource-efficient agronomic practices such as Alternate Wetting and Drying (AWD) and Direct Seeded Rice (DSR), particularly under conditions of water scarcity and labor constraints. Furthermore, integrated farming systems, including rice–fish and rice–duck models, require continued evaluation to optimize system productivity, nutrient cycling, and environmental sustainability under diverse agro-ecological conditions. Overall, future research should aim to develop integrated and multidisciplinary approaches that combine genetic, technological, and management strategies to ensure sustainable and resilient rice production systems under evolving environmental and socio-economic conditions.

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